



FURTHER EDUCATION PROGRAMME 2002-2003

New Strides has an extensive range of workshops for colleges, universities and drama schools. The sessions are designed for both those studying performing arts and for those on other courses who wish to access certain skills by using drama. No experience in drama is required and we tailor-make each workshop to meet the needs of your particular establishment. As well as workshops, next year New Strides is pleased to bring you performances of 'The Bear', 'The Proposal' and 'The Jubilee' by Anton Chekov.

THE WORKSHOPS

Creative Fun Workshop

A general workshop ideal as an introduction to drama or simply an excuse to be creative and let off steam

Intensive Drama

Voice/Group Singing/Improvisation/Movement/Characterisation.

A more in-depth workshop focusing on one or more of the above options.

Practitioner Workshop

Boal/Barker/Wright/Grotowski/Johnstone/Stanislavski

An intensive workshop focusing on the different work of the above practitioners. We focus on one or two types of work per session whilst still retaining our unique New Strides style!

Bringing Text To Life Workshop

A stimulating workshop designed to encourage students to find the essence of a chosen piece of text through movement and storytelling. This enjoyable session can motivate a greater understanding and appreciation of the text.

Devising Workshop

Learn new skills of devising a piece for performance in a one off session, or allow New Strides to guide you up to the performance point of your own devised show.

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PERSONAL SKILLS WORKSHOPS

Assertiveness Workshop

It is not always easy to stand up for oneself. Drama is a great way to access inner confidence and learn to express what you do, and don't want.

Careers Guidance Workshop

This confidence-building workshop centres on the participants skills and hopes. We use drama to encourage the realisation that the two are not necessarily incompatible.

Body Image Workshop

A self-affirming workshop that concentrates on the participants' physical perception of themselves, how they believe others perceive them and ultimately what role society has to play in forming these ideas. Using drama games we explore these different thoughts to encourage students to have a more true and positive idea of their own physical image.

Communication Workshop

Many courses today require a high level of social interaction. The drama environment is an ideal place to explore different methods of communicating in both a direct and sensitive manner.

Stress Buster/Relaxation Workshop

A particularly useful workshop for those undergoing stressful work, tests or exams or who simply want to learn concentration and relaxation techniques. We use guided visualisation and concentrate on posture and correct breathing. Each student is given an exercise sheet to take away with them so they can access these techniques whenever necessary.

Time required for each workshop:

One hour to full day

Maximum participants: 30

THE PLAYS

Chekov's One Act Farces

(Available from Feb 2003)

Leading into the 100th anniversary of this great writers death, we present these three short plays involving vibrant characters in farcical situations. Our productions are energetic and highly accessible interpretations of these well-loved classics.

The Bear

An over-zealous moneylender presses a young widow into paying her late husband's debt. The tension that builds between them creates an unexpected outcome.

Running time: 30 minutes

The Proposal

This play looks at the trauma suffered by a wealthy would-be suitor when he winds up in a wrangle over property with the very object of his desire.

Running Time: 30 minutes

The Jubilee

Overburdened and maddened characters vent steam behind the frenetic scenes of a busy city bank.

Running Time: 45 minutes

Chekov Workshops

(Available from Feb 2003)

Character Interpretation

Prior to the performance, an opportunity to take a closer look at the characters and explore the dynamics of selected scenes. Through this workshop, the participants can gain their own interpretation of the characters and events. Run in conjunction with the performances this can make watching the plays a more involved and rewarding experience.

Time required: one hour.

Maximum participants: 15

Hot Seat The Characters

After the performance, an opportunity for the audience to interact with the characters and ask them questions about their actions and motivations.

This session is led by a facilitator.

Time required: 15 minutes per play

REQUIREMENTS

For Workshops and Projects:

* A large room or hall * Access to power points* Full consultation with us about the specific needs and/or challenges for the participants. * Tea and Coffee or access to facilities

For Plays:

*A cleared performance space no smaller than 10x15ft *Adequate audience area

*Access to power points * Tea and coffee

WHAT WE PROVIDE:

For Workshops and Projects:

Experienced facilitation Any necessary workshop props* Detailed workshop plans* Teacher consultation and feedback

For Plays

*Set * Actors *Costumes *Props *Lights *Sound *Effects

COSTS

Workshops

One hour	£85
Two hours	£105
Half day	£140
Full day	£210

Longer workshops are available for result or non-result based drama work. Please contact us for details.

The Bear, The Proposal or The Jubilee

Each	£250
Two plays	£400
Package of all three plays	£500

TOUR DATES

Workshops

2 nd – 13 th Sept 2002	North East England
16 th – 27 th Sept 2002	Lothian & Borders
30 th Sept – 13 th Oct 2002	Northern Ireland
21 st Oct – 22 nd Dec 2002	Locations to be confirmed.

Please contact us for further details.

Chekov plays & workshops

Touring from

10th Feb - 7th June 2003

Please contact us for further details