



COMMUNITY PROGRAMME 2002-2003

New Strides' staff has spent years working in community theatre. We provide an extensive range of drama experiences that are suitable for all. We are currently running a wide selection of workshops which we tailor-make to meet the needs of your group or organisation. No drama experience is needed to partake in these sessions. For all workshop prices and tour dates, please see page four.

THE WORKSHOPS

1. Creative Fun Workshop

A session designed to explore creativity for the sake of it. A safe environment for the participants to let off steam and have fun using a series of drama games and improvisations.

2. Issue Based Improvisation

We create a workshop of improvisation around a theme of your choosing and explore any issue pertinent to your group.

3. Identity Workshop

A self-affirming, confidence building workshop encouraging participants to focus on the positive aspects of who they are, where they come from and what makes each person a unique individual.

4. Body Image Workshop

This session focuses on body image and how the participants perceive their own physicality. It explores ideas of 'beauty' and the pressures placed on us by the media and society to conform to a particular look.

5. Aspirations Workshop

This centres on the participants' skills and personal hopes. We use drama techniques to encourage the realisation that the two are not incompatible.

Edinburgh Office 1F2, 25 Pitt St, Edinburgh EH6 4BY. Tel: 0131 554 7949
Belfast Office 18 Green Rd, Belfast BT5 6JA. Tel: 028 9065 5526 Mobile: 07890 783 047
London Office 54a Scrutton St, London EC2 A4PH. Tel: 0207 377 0479 Mobile: 07813 486 370

Email newstrides@hotmail.com
Website www.newstrides.co.uk

6. Assertiveness Workshop

Sometimes it can be difficult to speak up for yourself. Drama is a great way to access inner confidence and learn to express what you do, and don't want.

7. Conflict Resolution Workshop

This workshop looks at the ways in which people cope with conflict and violence. Using improvisational techniques we explore different reactions and investigate the various ways to deal with aggression.

8. Community Protest

A workshop for communities undergoing a local struggle or protest. Using drama techniques, role-play and improvisation we focus on the issue at hand. A forum for ideas and discussion that encourages unity and leaves the participants with new and creative ways to enhance their protest.

9. Site Specific Theatre

This interesting workshop is designed to create theatre in the most unexpected of places. Whatever the venue, (street, toilet, castle, tent, etc) we guide the participants in devising scenes on themes of their choosing and challenge the traditional set up of the theatre/actors/audience. This results in a much more involved and 'real' experience.

10. Group Leaders

A workshop designed for facilitators to learn how to use drama techniques within their own group.

All the above workshops can be structured to run for an hour, 2 hours, a half day, full day, weekend, week, fortnight or longer. The maximum participants per session is thirty people.

We have no limits as to whom or where we carry out our workshops and projects. We can adapt workshops or create new ones according to your requirements. We are happy on request to send you sample workshops of work we have already done.

WHOEVER YOUR GROUP AND WHATEVER THE THEME OR IDEA, WE CAN ARRANGE A WORKSHOP TO SUIT YOUR NEEDS.

WHAT WE NEED

For Workshops and Projects:

- * A group of between 5 and 30 participants with at least 1 group leader present
- * A large room or hall
- * Access to power points
- * Full consultation with us about the specific needs and/or challenges for the participants.
- * Tea and Coffee or access to facilities

WHAT WE PROVIDE

- * Experienced facilitation
- * Any props needed for games
- * Detailed workshop plans
- * Consultation and feedback with the group organisers

WORKSHOP PRICES

One hour	£085
Two hours	£105
Half day	£140
Full day	£210

Longer workshops are available for result or non-result based drama work. Please contact us for details.

TOUR DATES

1 st – 15 th Sept 2002	North East England
16 th – 29 th Sept 2002	Lothian & Borders
30 th Sept – 13 th Oct 2002	Northern Ireland
16 th Oct – 22 nd Dec 2002	To Be Confirmed.

Please contact us for details.